

FINDING REST IN A RESTLESS WORLD



Matthew 11:27-30
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INTRODUCTION: OUR NEED TO REST

1. Work, Rest Rhythm Found in Creation
2. Rest includes enjoying the fruit of our work
(Genesis 2:1-4)
3. The Goal of Creation
4. Is a peace and wellbeing of body, mind and soul
5. Fall: into restlessness and the promise of Rest-oration

I. THE AUTHORITY TO REVEAL THE FATHER

II. THE YOKE AND BURDEN THAT GIVES REST

III. THE WAY TO REST

- A. Linked to Jesus
- B. Linked to the humble one
- C. Linked to the Son
 1. Who Reveals the Father
 2. Knowing the Father brings Rest